

Human Papilloma Virus Early Proteins E6 (HPV16/18-E6) and the Cell Cycle Marker P16 (INK4a) are Useful Prognostic Markers in Uterine Cervical Carcinomas in Qassim Region- Saudi Arabia

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Abstract Cervical cancer is a common and an important public health problem for adult women in developing countries. In contrast, cervical cancer incidence is low in Saudi Arabia. High-risk types of human papilloma viruses (HPV16 and HPV18) are the most significant risk factors for cervical cancer. HPV16/18-E6 oncoprotein is associated with HPV etiology, viral persistence and epithelial transformation. Cell cycle protein p16 INK4a (p16) plays an important role in the pathophysiology of cervical carcinomas. The aims of this study were to investigate the expression of HPV16/18-E6 and p16 in uterine cervical carcinomas in Qassim Region - Saudi Arabia, and to relate the results to the established clinicopathological prognostic parameters (age of the patient, educational level, birth control methods, number of pregnancy, smoking status, degree of histological differentiation, clinical stage, and lymph node metastasis) The study included 40 specimens of uterine cervical squamous cell carcinomas diagnosed and confirmed by biopsy. Histopathological classification of cervical tumors cases was performed according to the International Federation of Gynecology and Obstetrics (FIGO). Immunohistochemical analysis for HPV16/18-E6 and p16 were carried out on formalin-fixed paraffin-embedded sections of cervical tissues using avidin-biotin

peroxidase method. There was a significant statistical correlation between HPV16/18-E6 expression in cervical carcinoma and nationality, smoking status and size of the tumor. HPV16/18-E6 oncoprotein expression in normal lymphocytes and endothelial cells in the tumor tissues and the adjacent normal cervical tissues suggest the possibility that HPV infection might spread to other organs through blood circulation. P16 expression has been correlated with high grade, stage of cervical SCC and HPV16/18-E6 expression. The current study supports the critical function of p16 and HPV16/18-E6 as specific markers for cervical carcinoma. However the potential for usage of p16 and HPV16/18-E6 as prognostic markers will require detailed follow data for a larger group of patients.

Keywords Immunohistochemistry · Cervical carcinoma · HPV16/18E6 · P16 (INK4a)

Introduction

Worldwide, cervical cancer is an important public health problem for adult women [1, 2]. The International Agency for Research on Cancer (IARC) of the World Health Organization (WHO) estimated that nearly 80 % of cervical cancer cases occur in developing countries and, in many such regions, it is the most common cancer and cause of death from cancer among women [3]. The vast majority of cervical cancer cases are caused by infection with certain subtypes of human papilloma virus (HPV), a sexually transmitted virus that infects cells and may result in precancerous lesions and invasive cancer [4, 5]. The worldwide prevalence of HPV is 10.4 % [6]. Women are generally infected with HPV in their teens; it can take as long as 20 years after HPV infection for the cancer to develop. The prevalence of cervical HPV infection decreases sharply in women after the age of 30 [7]. The American

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Cancer Society provides the following list of risk factors for cervical cancer: Human Papillomavirus (HPV) infection, smoking, HIV infection, chlamydia infection, dietary factors, oral contraception, multiple pregnancies, exposure to the hormonal drug diethylstilbestrol (DES) and a family history of cervical cancer. These factors probably modify the risk in women infected with HPV [8, 9]. Malignant transformation of the cervical epithelial cells is associated with persistent high-risk HPV infections, such as HPV 16 and 18 which encode E6 and E7 oncoproteins that bind to and inactivate the tumor suppressor proteins p53 and pRB (retinoblastoma protein), respectively [10].

In contrast, cervical cancer incidence is very low in Saudi Arabia, ranking number 11 between all cancers in females [11]. The closed society, standards of mores and male circumcision might reduce women exposure to HPV infection [12–16]. The prevalence of HPV infection among women and its association with cervical cancer in Saudi Arabia and in similar socio-cultural societies is scanty [17–21]. Discordant reports showed high incidence in some countries, such as Indonesia [22, 23]. Inherited genetic predisposition may contribute to the risk of cervical cancer. Tumor suppressor gene TP53 has been suggested to affect the oncogenic potential of the HPV E6 protein [24]. Recent study reported that activation of interleukin-6/signal transducer and activator of transcription 3 by HPV16/18-E6 induces fibroblast senescence to promote cervical tumorigenesis through autocrine and paracrine pathways in tumor microenvironment [25]. Moreover, HPV16 oncoproteins promote invasiveness of cervical cancer by upregulating specific matrix metalloproteinases [26].

P16 is part of cascade cell cycle regulators, which control the transition cell from G1 to S phase [27]. Cyclin D and cyclin-dependent kinases (CDK) make complexes that phosphorylate pRB and ensure cell proliferation to which p16 has a negative regulation role [28]. Many studies indicated the potential of this biomarker for cervical carcinoma diagnosis and prognosis.

An association between HPV16/18-E6 and p16 expression in human cervical squamous cell carcinoma in Qassim Region-Saudi Arabia has not been studied. Therefore, we analyzed immunohistochemical expression of HPV16/18E6 and P16 in cervical carcinoma to examine their relationship and to determine any association with other existing clinicopathological parameters.

Patients and Methods

This study was carried out with cooperation of Pathology Department, King Fahd Specialist Hospital, Buraidah, and other hospitals in Qassim region. The retrospective study was conducted on cervix uteri specimens obtained from cervical carcinoma patients from December 2000 to March

2013. Patients' clinical information including age, nationality, smoking status, number of pregnancies, the main complaints, the clinical presentations was obtained from electronic medical records.

Histopathology

Specimens were examined, diagnosed, and classified according to the International Federation of Gynecology and Obstetrics (FIGO) of cervical tumors. The normal cervical epithelium was obtained from areas adjacent to the tumor tissues. The tumor size, site and number were recorded and analyzed. The tissue specimens were fixed in 10 % formalin, dehydrated and embedded in paraffin and stained with hematoxylin and eosin (H&E). The slides were then examined for histological diagnosis and assessment.

Immunohistochemistry

From the formalin fixed paraffin-embedded tissues, 4 μ sections were immunostained with monoclonal antibodies against HPV16E6/18-E6 (C1P5) (Santa Cruz Biotechnology, Inc. USA, dilution 1:50) and p16 (F-12) (Santa Cruz Biotechnology, Inc. USA, dilution 1:50) using labeled streptavidin biotin (LSAB) method. Sections were cut and dried at 37 °C, dewaxed in xylene and rehydrated using serial concentrations of ethanol and washed in running water. Sections were washed with Tris buffer and preincubated with normal rabbit serum (10 %) for 20 min. Slides were incubated with the monoclonal primary antibodies for one hour and exposed to ImmunoCruz™ mouse LSAB Staining (Santa Cruz Biotechnology, Inc. USA). The slides were then counterstained with hematoxylin and reviewed. Known positive control sections were included in each run to ensure proper immunostaining whereas the negative control consisted of the same section where the primary antibody was omitted. Sections of the p16INK4a-positive human uterine adenocarcinoma tissue and HPV16/18 E6-positive HPV-positive vulva carcinoma were included to serve as the positive controls for p16INK4a and HPV16/18 E6 IHC, respectively. Dichotomic negative/positive evaluation was adapted to determine E6 immunoreaction as suggested by Lin et al. with some modification [29]. Brown nuclear or cytoplasmic staining was considered as a positive reaction to E6 HPV 16/18 proteins. Immunohistochemical expression for p16INK4a was quantified according to staining intensity (weak, moderate and strong) and dispersion pattern (diffuse or focal) in each block [30].

Statistical Analysis

Statistical calculations were performed by using Statview programme package. Data were compared using Chi-square test, and the differences between the means of continuous data

will be compared by using paired *t*-test. The percentage of expression of HPV16 E6/18-E6 and p16 in malignant cervical squamous cell carcinoma, were used to assess the role of (FIGO)'s classification, differentiation, age, and tumor size. A probability *p* value of <0.05 was considered statistically significant.

Results

Clinical and Histopathological Data

This study included 40 cases of cervical carcinoma. The study included 21 Saudi women and 19 non-Saudi women. The patient ages ranged from 28 years to 76 years, (median for Saudi women=50 and for non-Saudi women=35). The non Saudi women showed development of carcinoma at younger ages compared to Saudi women (*p* <0.05). The clinical presentations were mostly vaginal bleeding for more than one month. Forty eight percent of the patient were smokers and 35 % either take or having a history of contraceptive pills administration. Histologically, the specimen were classified as 14 cases (35 %) well differentiated, 19 cases (47.5 %) moderately differentiated and 7 cases (17.5 %) poorly differentiated cervical squamous cell carcinoma.

HPV16/18-E6 Oncoprotein is Expressed in Cervical Squamous Cell Carcinoma

To explore whether HPV16 infection could be linked to cervical carcinoma development in Qassim region, Saudi Arabia, HPV16/18-E6 oncoprotein expression was evaluated by immunohistochemistry in cervical SCC. Our data showed HPV 16/18-E6 positivity in 21cases (52.5 %); 73.6 % of positive cases were non Saudi (*p* <0.05). The staining reaction was seen cytoplasmic and nuclear. Meanwhile, most of the mature squamous epithelial cells were negative. Most malignant squamous cells showed diffuse expression (Fig. 1). The accompanied squamous dysplasia in the studied sections also showed positive immunoreactivity for the HPV16/18-E6; it was seen positive mainly in the superficial epithelial cells. There was statistically significant correlation between HPV16/18-E6 expression and smoking status, where more positive expression were associated with smoking (*p* <0.011). There was statistically significant correlation between HPV16/18-E6 expression and tumor size, where it was more commonly expressed in tumor diameter more than 2 cm. There was no statistically significant correlation between HPV16/18-E6 expression and age of the patient, educational level, contraceptives administration, number of pregnancies, grade and stage of the tumor and lymph node metastasis (*p* >0.05) (Tables 1 and 2).

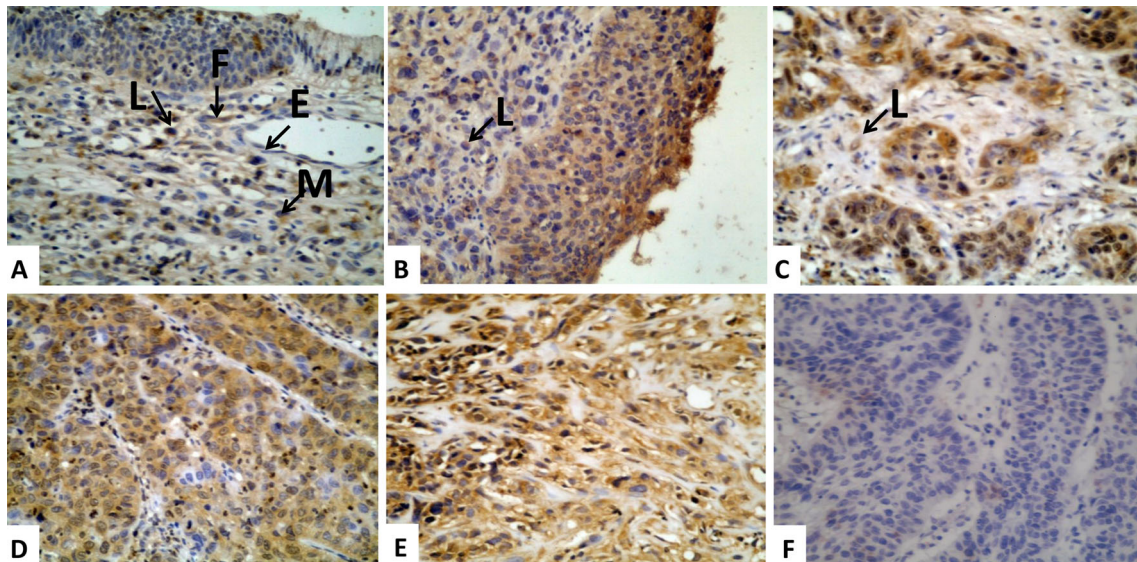


Fig. 1 Immunohistochemical analysis of human papilloma virus 16/18-E6 protein in cervical SCC, and adjacent normal tissues. **A** a negative HPV16/18-E6 immunostaining in normal cervical epithelial cells, and positive expression in lymphocytes, macrophages, fibroblast and endothelial cells ($\times 200$); **B** HPV16/18-E6 protein expressed in lymphocytes and in carcinoma in situ tumor cells ($\times 200$); **C**: HPV16/18-E6 expressed

in well differentiated SCC and lymphocytes in the stroma ($\times 400$); **D** HPV16/18-E6 expressed in moderately differentiated SCC ($\times 400$); **E** HPV16/18-E6 expressed in poorly differentiated SCC ($\times 400$); **F** a negative HPV16/18-E6 immunostaining in tumor cells of moderately differentiated SCC sheets ($\times 400$) (L=lymphocyte, F=fibroblast, E=endothelial cell, M=macrophage)

Table 1 The correlation between HPV16/18-E6 and p16 protein expression in cervical squamous cell carcinoma and the clinical parameters

Samples	HPV16/18 E6 Expression						p16 Expression							
	Total	– (%)		+ (%)		p	– (%)	Intensity			Dispersion			p
		– (%)	– (%)	+	+			weak (%)	moderate (%)	Strong (%)	Focal (%)	Diffuse (%)		
SCC	40	19 (47.5)	21 (52.5)	8 (20)	10 (25)	17 (42.5)	5 (12.5)	9 (22.5)	23 (57.5)					
1. Age (Years)														
<45	22 (55)	10 (45.5)	12 (54.5)	5 (22.7)	5 (22.7)	8 (36.4)	4 (18.2)	6 (27.3)	11 (50)	0.858	6 (27.3)	11 (50)	0.224	
>45	18 (45)	9 (50)	9 (50)	3 (16.7)	5 (27.7)	9 (50)	1 (56)	3 (16.3)	12 (66.7)		3 (16.3)	12 (66.7)		
2. Nationality														
Saudi	21 (52.5)	14 (66.4)	7 (33.3)	4 (9)	7 (33.3)	9 (42.9)	1 (4.8)	4 (19.1)	13 (61.9)	0.29	5 (26.4)	10 (52.6)	0.411	
None-Saudi	19 (47.9)	5 (26.3)	14 (73.7)	4 (21.1)	3 (15.8)	8 (42.1)	4 (21.1)							
3. Educational level														
No formal Education	18 (45)	10 (55.6)	8 (44.4)	3 (16.7)	5 (27.8)	8 (44.4)	2 (11.1)	5 (27.7)	10 (55.6)	0.454	4 (25)	10 (62.5)	0.893	
Basic Education	16 (40)	6 (37.5)	10 (62.5)	2 (12.5)	4 (25)	8 (50)	2 (12.5)	4 (25)	10 (62.5)		4 (25)	10 (62.5)		
Higher education	6 (15)	3 (50)	3 (50)	3 (50)	1 (16.7)	1 (16.7)	1 (16.7)	0 (0)	3 (50)		0 (0)	3 (50)		
4. Smoking status														
No	21 (52.5)	14 (66.5)	7 (33.5)	3 (14.3)	6 (28.6)	11 (52.4)	1 (4.7)	5 (23.8)	13 (61.9)	0.978	4 (21.1)	10 (52.6)	0.677	
Yes	19 (47.5)	5 (26.3)	14 (73.7)	5 (26.2)	4 (21.1)	6 (31.5)	4 (21.1)							
5. Contraceptives														
No	26 (65)	15 (57.9)	11 (42.3)	6 (23.1)	6 (23.1)	12 (46.2)	2 (7.6)	6 (23.1)	14 (53.8)	0.424	3 (21.4)	9 (64.3)	0.479	
Yes	14 (35)	4 (28.6)	10 (71.4)	2 (14.3)	4 (28.6)	5 (35.7)	3 (21.4)							
6. Number of pregnancies														
No	9 (22.5)	4 (44.4)	5 (55.6)	0 (0)	1 (11.1)	5 (50)	3 (30)	3 (33.3)	6 (66.7)	0.235	3 (33.3)	6 (66.7)	0.648	
1–2	11 (27.5)	5 (45.5)	6 (54.5)	4 (36.4)	3 (27.2)	4 (36.4)	0 (0)	3 (27.2)	4 (36.4)		3 (27.2)	4 (36.4)		
3–4	10 (25)	6 (60)	4 (40)	3 (30)	2 (20)	4 (40)	1 (10)	1 (10)	6 (60)		1 (10)	6 (60)		
>4	10 (25)	4 (40)	6 (60)	1 (10)	4 (40)	4 (40)	1 (10)	2 (20)	7 (70)		2 (20)	7 (70)		

Table 2 The correlation between HPV16/18-E6 and p16 protein expression in cervical squamous cell carcinoma and the clinicopathological parameters

Samples	Total	HPV16/18E6 Expression				p	p16 Expression				Dispersion			
		-	+	-	+		Intensity		Dispersion		Focal (%)	Diffuse (%)	p	p
							weak (%)	moderate (%)	Strong (%)	p				
SCC	40	19 (47.5)	21 (52.5)	8 (20)	10 (25)	17 (42.5)	5 (12.5)	9 (22.5)	23 (57.5)					
1. Pathologic tumor size														
<2 cm	9 (22.5)	8 (88.9)	1 (11.1)	2 (22.2)	4 (44.4)	3 (33.4)	0 (0)	4 (44.4)	3 (33.4)	0.073				
2-5 cm	21 (52.5)	8 (38.1)	13 (61.9)	5 (23.8)	4 (19)	8 (38.2)	4 (19)	4 (19)	12 (57.2)					
>5 cm	10 (25)	3 (30)	7 (70)	1 (10)	2 (20)	6 (60)	1 (10)	1 (10)	8 (80)					
2. Histologic Grade														
WD	14 (35)	8 (57.1)	6 (42.9)	5 (35.7)	6 (42.9)	2 (14.3)	1 (7.1)	6 (50)	3 (21.4)	0.000 (HS)				
MD	19 (47.5)	8 (42.1)	11 (57.9)	2 (10.5)	2 (10.5)	12 (63.2)	3 (15.8)	3 (10.5)	14 (79.8)					
PD	7 (17.5)	3 (42.9)	4 (57.1)	1 (14.3)	2 (28.6)	3 (42.8)	1 (14.3)	0 (0)	6 (85.7)					
3. Clinical stage														
I	17 (42.5)	10 (58.8)	7 (41.2)	4 (23.5)	7 (41.2)	6 (35.3)	0 (0)	6 (35.3)	7 (41.2)	0.037 (S)				
II	11 (27.5)	4 (36.4)	7 (63.6)	2 (18.2)	3 (27.3)	5 (45.4)	1 (9.1)	3 (27.3)	6 (54.5)					
III/IV	12 (30)	5 (41.7)	7 (58.3)	2 (16.7)	0 (0)	6 (50)	4 (33.3)	0 (0)	10 (83.3)					
4. Lymph node metastasis														
No	28 (70)	15 (53.6)	13 (46.4)	7 (25)	9 (32.1)	11 (39.3)	1 (3.6)	8 (28.6)	13 (46.4)	0.04 (S)				
Yes	12 (30)	4 (33.3)	8 (66.7)	1 (8.3)	1 (8.3)	6 (50)	4 (33.3)	1 (8.3)	10 (83.3)					

HPV16/18-E6 Oncoprotein is Expressed in Lymphocytes and Endothelial Cells of Cervical Tumors and Adjacent Normal Tissues

To understand whether HPV-infected cervical tumors could spread to other organs through blood circulation, HPV16/18-E6 oncoprotein expression in normal cervical tissues adjacent to cervical carcinomas were examined by IHC. Our data showed that HPV16/18-E6 oncoprotein is indeed expressed in lymphocytes, macrophages infiltrating cervical tumors and adjacent normal cervical tissue and in endothelial cells of blood vessels (Figs. 1A–C). These results seem to support the possibility that HPV16/18 infection may spread to other organs through blood circulation.

The Cell Cycle Marker P16INK4a is Expressed in Cervical Squamous Cell Carcinoma

The p16 reaction was evaluated as positive when nuclear or cytoplasmic immunostaining was clearly demonstrated. Different patterns of p16 signal were observed based on staining intensity (weak, moderate and strong) and dispersion pattern (diffuse or focal). Thirty two cases (80 %) of the cervical cancer tissues were positive (Fig. 2). Moderate and diffuse pattern of p16 expression was statistically associated with histologic grade of the cervical cancer. Cases presenting a moderate p16 expression were more common in the advanced FIGO stages III/IV (50 %) while weak expression was

associated with early stage I (41.2 %) ($p=0.035$) (Table 2). No association was observed between p16 staining intensity or dispersion and age of the patient, educational level, contraceptives administration, smoking status, number of pregnancy or tumor size ($p >0.05$) (Tables 1 and 2).

The Correlation Between HPV16/18-E6 and p16 Expression

The correlation between the expression of HPV16/18-E6 with p16 proteins intensity and dispersion in the cervical SCC is shown in Tables 3 and 4 respectively. The negative expression of p16 was significantly correlated with the negative expression of HPV16/18-E6 oncoprotein and the positive expression of p16 was significantly correlated with the positive expression of HPV16/18-E6 oncoprotein. These data were statistically significant ($p <0.05$).

Discussion

Cervical cancer remains the second most common malignancy in women in the world and accounts for 9.8 % of all cancer cases [31]. Infection with Human Papillomavirus (HPV) is considered to be the principal causative agent in the development of cervical squamous cell carcinoma [9]. The objectives of our study were to investigate the expression of HPV16/18-E6 and p16 in uterine cervical carcinomas in Qassim Region-Saudi Arabia, and to relate the results to the established

Fig. 2 Immunohistochemical analysis of p16 protein in cervical SCC. **A:** moderate cytoplasmic immunohistochemical staining of p16 in carcinoma in situ; **B** nuclear expression of p16 in well differentiated SCC; **C** nuclear expression of p16 in moderately differentiated SCC. **D** both cytoplasmic and nuclear expression of p16 in poorly differentiated SCC; the distribution of P16 expression was focal in **A**, **B** and **C** and diffuse in **D** ($\times 400$)

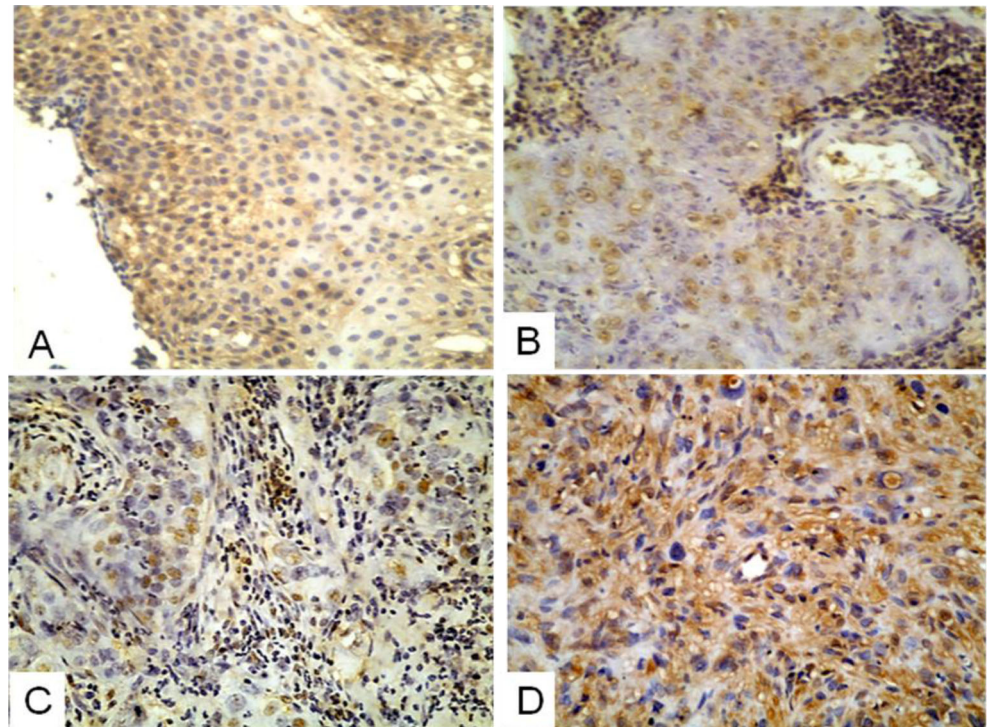


Table 3 The correlation between the expression of HPV16/18-E6 and p16 intensity in cervical squamous cell carcinoma

Samples	HPV16/18-E6 Expression			p
	Total	Negative (%)	Positive (%)	
Cervical SCC	40	19 (47.5)	21 (52.5)	
p16 Expression (intensity)				
Negative	8 (20)	7 (87.5)	1 (12.5)	0.000 (HS)
Weak	10 (25)	6 (60)	4 (40)	
Moderate	17 (42.5 %)	6 (32.3)	11 (64.7)	
Strong	5 (12.5)	0 (0)	5 (100)	

HS highly significant statistical correlation

clinicopathological prognostic parameters. A previous report showed the prevalence of HPV infection in invasive cervical cancer in Saudi Arabia (82 %) at the lower range of that observed in the world (85–95 %) [24]. Similar studies reported low prevalence of HPV infection among women with cervical cancer in Saudi Arabia and similar socio-cultural societies [14, 16, 20, 24].

Our data showed HPV16/18-E6 positivity in 21 cases (52.5 %); 73.6 % of positive cases were non Saudi ($p < 0.05$). The non Saudi women showed development of cervical carcinoma at younger ages compared to Saudi women ($p < 0.05$). A previous study demonstrated a trend for higher rates of HPV 16/18 infection leading to a greater proportion of high grade cervical lesion in young women in New Zealand [32]. A recent study observed the distribution of HPV16 variants worldwide and their relative risks for cervical cancer appear to be population-dependant [33].

The high-risk HPV types encode two oncoproteins, E6 and E7. Protein E6 is a transcriptional transactivator, binding double stranded DNA. It has transforming activity inactivating the human TP53/p53 tumor suppressor protein by targeting it for degradation [34]. The HPV E6 oncoprotein is involved in cell cycle deregulation, where p53 is abrogated. Sonoporation delivery of monoclonal antibodies against human papilloma virus 16 E6 restores p53 expression in transformed cervical carcinoma derived cell lines using chemical

Table 4 The correlation between the expression of HPV16/18-E6 and p16 dispersion in cervical squamous cell carcinoma

Samples	HPV16/18-E6 Expression			p
	Total	Negative (%)	Positive (%)	
Cervical SCC	40	19 (47.5)	21 (52.5)	
p16 Expression (dispersion)				
Negative	8 (40)	7 (87.5)	1 (12.5)	0.014 (S)
Focal	9 (25)	4 (44.4)	5 (55.6)	
Diffuse	23 (35)	8 (34.8)	15 (65.2)	

S significant statistical correlation

transfection [35]. The immunohistochemical expression of E6 has been proposed to be a useful maker for determining a diagnosis and/or prognosis of cancer [36]. The E7 oncoprotein binds to the retinoblastoma protein (pRb) tumor suppressor, leading to continuous cell cycling without any repair checkpoints [37]. In an attempt to prevent this continuous cell cycling, p16, a pRb regulator, is overexpressed and accumulates inside the cells [38].

High-risk human papillomavirus E6 might contribute to some form of immunosuppression as it inhibits monocyte differentiation to Langerhans cells (competent antigen presenting cells) which in charge of the induction of T cell-dependent immunity [39, 40]. The vigilance of the immune system is readily exploited by HPV to escape immune destruction, resulting in persistent infections and development of HPV-positive cancers. HPV can evade host immune responses through avoidance of killing the host cells during viral replication and therefore neither presents viral antigen nor induces inflammation and downregulates the expression of HLA-class 1, facilitating evasion of cytotoxic T lymphocytes (CTL) attack [41]. Moreover, HPV16 E6 and E7 proteins reduce type-1 interferons (IFNs) expression in host cells thus inducing immune tolerance rather than the appropriate responses [41]. A recent study demonstrated that attenuation of IL-1 β by the HPV16 E6 oncoprotein in immortalized cells is apparently a crucial step in viral immune evasion and initiation of malignancy [42].

Our data showed that HPV16/18-E6 oncoprotein is expressed in lymphocytes, macrophages, infiltrating cervical tumors and in endothelial cells of blood vessels. Previous studies demonstrated that peripheral blood mononuclear cells (PBMCs) might be HPV reservoir, thus spreading the virus through blood, providing a potential new route of transmission [43, 44]. Moreover a recent study demonstrated that HPV markers are not only found in PBMCs of peripheral blood but also present in CD20+ B lymphocytes and CD56+ natural killer cells in the semen of infected patients with high risk HPV-16 raising a concerns about the risk of developing cancers to distal organs and to the sexual partner [45]. On the other side, the competency of HPV to be uptaken by B lymphocytes cannot be excluded. In fact, this possibility is supported by the fact that heparan-sulfate proteoglycans, theorised to potentially be one of the primary receptors involved in HPV entry, are expressed by B lymphocytes and are a requirement for normal cell maturation, differentiation and function [46]. Although, sexual activity has been considered to be a major route of transmission for HPV resulting in genital cancers and oropharyngeal cancers [47], HPV infections in infants and female university students who are virgins, revealing that HPV transmission via other routes may exist [48, 49]. Furthermore, peripheral blood lymphocytes (PBLs) from healthy donors have been shown to be infected with HPV [44]. Therefore, we support the previous possibility that

HPV infection may spread to other organs through blood circulation [50, 51].

In the present study, immunohistochemical staining of p16 antibody in normal cervical epithelial tissues were negative. Meanwhile, 80 % (32/40 cases) of the invasive cervical cancer were positive for p16. A previous study observed p16 expression in 95.4 % of cervical squamous cell carcinoma [30]. Few studies have observed p16 expression in normal tissue [52, 53]. P16 is a protein that is expressed in low concentrations in healthy cells, but is overexpressed in cervical cancer and high-grade precursor lesions. Still, it is well established that non dysplastic epithelial cells can express p16, for example, under certain physiological conditions, such as the shortening of telomeres in older tissues. Here, the expression of p16 immediately induces cell cycle arrest and may ultimately induce apoptosis with the end results being a focal pattern with weak intensity [54]. Our study confirms increased expression of p16 in invasive cervical squamous cell carcinoma. Several studies have documented overexpression, with a diffuse and strong pattern, not only in high-grade cervical intraepithelial lesions but also with invasive cancer compared to the normal specimens [55].

The results obtained in our study showed p16 expression as predominantly in the nuclei of most of our tumor samples, while only a few of these tumors displayed both nuclear and cytoplasmic staining. Wang et al. and Murphy et al. found all the invasive squamous cancers exhibited strong nuclear and cytoplasmic staining. Thus, the p16 overexpressions either nuclear or cytoplasmic in affected cells are to be considered positive [56, 57]. The presence of p16 in the cytoplasm may result from a type of post transcriptional modification or overproduction of p16 protein which force its transfer to the cytoplasm [56].

In this study, we demonstrated a significant correlation between a diffuse and moderate p16 immunoreactivity, and high grade, stage, and lymph node metastasis of cervical SCC ($P < 0.05$). A recent study observed that HPV16-E6 induces epithelial mesenchymal transition, thus may contribute to tumor progression and metastasis [58]. Previous studies observed strong and diffuse p16 expression in all cases of invasive cervical carcinoma [56, 57]. Consequently, p16 overexpression is a significant marker of cervical lesions and is considered to be a useful test that may facilitate an improved diagnosis of severe cervical lesions.

In our study, negative p16 and HPV16/18-E6 reactions were observed in combination in 17.5 % of cases, but 50 % of positive reactions were identified in combination. A correlation between p16 and HPV16/18-E6 expression was predicted, however, the reason for this discrepancy may be attributed to limitation of sensitivity of Immunohistochemical reaction [59, 51]. However, other risk factors or other types of high risk- HPV contribution such as HPV45 to the cervical

carcinoma development could not be excluded. Theoretically, p16 represent a promising biomarker, because its expression reflects both that oncogenic HPV is present and that it has disrupted normal cell cycle function and might be useful diagnostic marker of oncogenic HPV infection. The increased level of p16 expression by high risk-HPV points to the recommendation of this protein as a marker of HPV infection [59–62]. However the detection of p16 per se, should not be considered as proof of high risk of HPV infection without consideration of other markers such as HPV16/18-E6. Our primary limitation is the relatively few number of cases of cervical carcinoma in Qassim region- Saudi Arabia, thus limiting adequate analysis.

Conclusions

This is the first study to investigate the expression of HPV16/18-E6 and p16 in uterine cervical squamous cell carcinomas in Qassim Region - Saudi Arabia. The present study revealed statistical correlation between HPV16/18-E6 expression in cervical carcinoma and nationality, smoking status and size of the tumor. HPV16/18-E6 oncoprotein expression in normal lymphocytes, macrophages, fibroblasts and endothelial cells in the tumor tissues and adjacent normal cervical tissues support the possibility that HPV infection may spread to other organs through blood circulation. P16 expression has been correlated with high grade, stage of cervical SCC and with HPV16/18-E6 expression. The current study supports the critical function of p16 and HPV16/18-E6 as specific markers for cervical carcinoma. However the potential for usage of p16 and HPV16/18-E6 as prognostic markers will require detailed follow data for a larger group of patients.

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