# RESEARCH

# Increase of $\alpha$ -SMA<sup>+</sup> and CK<sup>+</sup> Cells as an Early Sign of Epithelial-Mesenchymal Transition during Colorectal Carcinogenesis

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Abstract Our aim was to examine cell transition events by detecting the frequency of intrapithelial  $\alpha$ -smooth muscle actin (SMA)<sup>+</sup>/cytokeratin (CK)<sup>+</sup> cells during colorectal adenoma-carcinoma sequence, in relation to E-cadherin expression. Our further aim was to determine the proliferative activity of intraepithelial  $\alpha$ -SMA<sup>+</sup> cells. Histologically healthy, adenoma, and colorectal cancer (CRC) biopsy samples were taken during routine colonoscopy and were included into tissue microarrays (TMAs). Slides immunostained for Ki-67, α-SMA, E-cadherin and pan-cytokeratin were digitalized and analyzed by using a digital microscope software. The proportion of  $\alpha$ -SMA<sup>+</sup>/CK<sup>+</sup> cells was significantly higher in CRC samples (3.34±1.01%) compared to healthy  $(1.94\pm0.69\%)$  or adenoma  $(1.62\pm0.78\%)$  samples (p <0.01). E-cadherin expression negatively correlated with the number of  $\alpha$ -SMA<sup>+</sup> cells. The majority of intraepithelial  $\alpha$ -SMA<sup>+</sup> cells were in the proliferative phase. During tumor

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B. Molnár · Z. Tulassay Molecular Medicine Research Unit, Hungarian Academy of Sciences, Budapest, Hungary progression, the appearance of dot-like  $\alpha$ -SMA staining in CK positive cells may indicate the initial phase of the epithelial-tomesenchymal transition (EMT). The high proportion of intraepithelial  $\alpha$ -SMA<sup>+</sup> proliferating cells may refer to their increased plasticity compared to differentiated cells. The negative correlation between E-cadherin and intraepithelial  $\alpha$ -SMA expression suggests that EMT is facilitated by a loss of epithelial cell contact.

**Keywords** Epithelial–myofibroblast transition · Adenoma–carcinoma sequence · Cytokeratin · Alpha–smooth muscle actin

## Introduction

The colonic epithelial monolayer has several distinct functions, such as the absorption of water and drugs, ion transport and it is a barrier against luminal pathogens, as well [1-3]. The polarized cells of this continuous sheet are connected through different adhesion structures (i.e. adherens-, tight-, gap junctions, and desmosomes) [4]. The epithelial cells desert from the epithelial layer and may be a source of stromal mesenchymal cells by a series of phenotypic changes, called epithelial-to-mesenchymal transition (EMT). This and its reverse process (mesenchymalto-epithelial transition/MET) are well characterized by the change of cell-cell adhesion, cell shape, cell migration properties and protein expression. Although both EMT and MET are physiological processes in embryogenesis, they may also appear in different stages of tumor development (e.g. initiation and metastasis formation) [5-10]. EMT is a change from apico-basolateral to front-rear polarity, reduced expression of epithelial markers (e.g. cytokeratin, MUC1, claudin, desmoplakin, entactin, laminin), acquisition of motility, a

spindle-cell shape, and the expression of mesenchymal markers such as N-cadherin, FSP1, vimentin and α-SMA [5, 6, 11-13]. A special form of EMT is the epithelial-tomyofibroblast transition (EMyT), a multistep process involving the loss of adhesive proteins (i.e. epithelial (E)-cadherin zonula occludens protein/ZO), actin-skeleton remodeling and myogenic reprogramming ( $\alpha$ -smooth muscle actin/SMA expression) [14–16]. The disruption of cell-cell junctions can induce major  $\alpha$ -SMA transcription factors, i.e. serum response factor (SRF) via the Rho/ROK pathway [17]. EMyT originated cells are capable to enter the "reactive" tumor stroma, where, as carcinoma associated fibroblasts (CAFs) they may influence the proliferative properties of cancer cells/cancer stem cells [18]. Furthermore, by their actin-based motility they can migrate to the metastatic place and enter the epithelial laver via MET/MyET (invasion-metastasis cascade) [4].

The adenoma-carcinoma sequence (ACS) is the most common pathway of colorectal carcinoma (CRC) formation [19]. However, the characterization of transition events in different histological stages of the ACS has not yet been determined. We characterized transition events by detecting the frequency of  $\alpha$ -SMA/cytokeratin (CK) double-positive cells within the epithelium at different stages of the ACS in relation to the intraepithelial E-cadherin expression. We also determined the proliferative activity of intraepithelial  $\alpha$ -SMA<sup>+</sup> cells.

### **Materials and Methods**

Histologically healthy (only longitudinally oriented) (n=8), adenoma (n=8) and CRC (n=8) biopsy samples were taken during routine colonoscopy and included into tissue microarrays (TMAs) with 1 mm diameter cores. The samples were fixed in formaldehyde and embedded in paraffin and 4 µm thick tissue sections were cut. After deparaffination and rehydration, antigen retrieval was performed in TRIS-EDTA buffer (pH 9.0) using a microwave oven (900 W/ 10 minutes, 340 W/40 minutes). Then the samples were incubated with anti-Ki-67 (RM 9106-SO, clone:sp6, Lab-Vision, performed with Alexa Fluor 546) monoclonal and FITC labeled anti-cytokeratin (CK3-6H5) (Miltényi Biotec, Bergisch Gladbach, Germany, 1:1 solution) polyclonal antibodies at room temperature for 60 minutes. Depending on the parallel staining, anti- $\alpha$ -SMA (Dako, California, USA 1:1 solution) was performed with Alexa Fluor 546 ( $\alpha$ -SMA/ CK costaining) and AMCA (AMCA-conjugated anti-mouse IgG H + L, 715-155-15, Jackson ImmunoResearch Laboratories, West Growe, Philadelphia, USA) (α-SMA/Ki-67 costaining). In case of E-cadherin immunohistochemistry, we blocked the endogenous peroxidase with 0.5% hydrogen peroxide and methanol mixture (30 minutes, room temperature), than antigen retrieval (TRIS-EDTA buffer pH 9) performed in a microwave oven (at 900 W for 10 minutes and at 370 W for 40 minutes) were carried out on dewaxed TMA samples. Non-specific blocking with 1% bovine serum albumin was applied. Immunohistochemical detection of Ecadherin was carried out in a humidified chamber using an anti-E-cadherin monoclonal antibody (ECH-6, 1:1 dilution, 60 minutes, Histopathology). Histols Detectation System (Rabbit and Mouse, Histopathology) and diaminobenzidinehydrogen peroxidase-chromogen substrate system (Cytomation Liquid DAB + Substrate Chromogen System, K3468, Dako) were used for signal conversion. In case of some slides, high-resolution confocal scanning laser microscopy (BIO-RAD MRC 1024, Bio-Rad Laboratories, Philadelphia, USA) was used. Then the slides were digitally archived using a Pannoramic Scan instrument (software version 1.11.25.0, 3DHistech, Budapest, Hungary), and the immunosignals of the digital slides were analyzed using a digital microscope software (Pannoramic Viewer, v. 1,11,43,0, 3DHistech, Budapest, Hungary). 1000-1200 epithelial cells (depending on the size of the biopsy) were counted. Using a built-in modem called Marker Counter the exact cell number was determined. One-way ANOVA test was used for data analysis.

# Results

We found only a small number (1.69-3.34%) of intraepithelial  $\alpha$ -SMA<sup>+</sup>/CK<sup>+</sup> cells showing different levels of myofibroblastic dedifferentiation. The high percentage of de novo  $\alpha$ -SMA expressing epithelial cells showed only weak, single (Fig. 1a, b, c) or multiple (Fig. 1d, e) dot-like  $\alpha$ -SMA expression in close proximity to the nucleus. In several cases, the localization of  $\alpha$ -SMA reached to the nucleus (Fig. 1a, b, c). High resolution confocal scanning laser microscopy proved that these  $\alpha$ -SMA<sup>+</sup> foci were deep nuclear invaginations of cytoplasmic reaction (Fig. 1c). Epithelial cells with dot-like  $\alpha$ -SMA expression showed a cuboid cell shape with apico-basolateral polarity. Rarely,  $\alpha$ -SMA expression was detected in the cytoplasma (weak or strong diffuse). These cells contained a large round- or oval-shaped nucleus (Fig. 2a, b). In some cases migrating  $\alpha$ -SMA<sup>+</sup>/CK<sup>+</sup> cells from the epithelial layer were observed, that could represent transition process (Fig. 1e). The localization and range of  $\alpha$ -SMA expression was similar using both  $\alpha$ -SMA/Ki-67 and  $\alpha$ -SMA/CK double fluorescent staining. The proportion of  $\alpha$ -SMA<sup>+</sup>/CK<sup>+</sup> cells was significantly higher in CRC samples  $(3.34\pm1.01\%)$  compared to healthy  $(1.94\pm0.69\%)$  or adenoma  $(1.62\pm0.78\%)$ samples (Fig. 3). The difference between normal and CRC and between adenoma and CRC samples was significant (p=0.013 and p=0.0026, respectively). A high percentage of intraepithelial  $\alpha$ -SMA<sup>+</sup> cells were in the proliferative phase (healthy 87.7±10.7%, adenoma 81.4±7% and CRC



Fig. 1 Detection of different  $\alpha$ -SMA expression (*white arrows*) with fluorescent staining. The majority of cells showed single- or multi dotlike  $\alpha$ -SMA expression in close proximity to the nucleus or in the

nuclear domain (**a**, **b**, **c**, **f**:  $\alpha$ -SMA (*red*)/CK (*green*) and **d**, **e**:  $\alpha$ -SMA (*blue*)/Ki-67 (*red*) fluorescent staining)

 $88\pm2.4\%$ ) on the basis of Ki-67 expression. In healthy transversal samples,  $\alpha$ -SMA<sup>+</sup>/Ki-67<sup>+</sup> cells were increased

in the basal (proliferative,  $Ki-67^+$ ) region compared to the apical region. E-cadherin expression showed a progressive



Fig. 2 a, b: Intrapithelial cells (*white arrow*) with strong cytoplasmic  $\alpha$ -SMA expression (a:  $\alpha$ -SMA (*red*)/CK (*green*), b:  $\alpha$ -SMA (*blue*)/Ki67 (*red*) fluorescent staining), c: Different E-cadherin expression between the tumorous (*red arrow*) and adjacent healthy crypts (*white arrow*)

Fig. 3 The percentage of intraepithelial  $\alpha$ -SMA<sup>+</sup>/CK<sup>+</sup> cells in CRC significantly exceeds those either of normal or adenoma samples (p<0.01)



decrease during ACS (Fig. 4). In healthy samples, predominantly strong membrane and moderate cytoplasma staining (typical scoring value: +2) was detected, both of which were moderately decreased in adenoma samples (typical scoring value: 1 or 0). In most CRC samples we found only weak and fragmented membrane staining (typical scoring value: -2) (Fig. 2c).

## Discussion

In this study, we examined the frequency of transition events using  $\alpha$ -SMA/CK co-staining during the ACS. We found a significantly increased number of intraepithelial double positive cells in CRC samples compared to adenoma and healthy samples. The majority of  $\alpha$ -SMA<sup>+</sup>/





 $CK^+$  cells showed only low, dot-like  $\alpha$ -SMA positivity in close proximity to the nucleus and/or nuclear domain which suggests that these cells were in the initial phase of EMT. In agreement with Storch et al. [20], we observed  $\alpha$ -SMA<sup>+</sup> foci in the cytoplasm as intranuclear invaginations. The change in cell shape by  $\alpha$ -SMA bundles and the related mechanical force may contribute to an altered gene expression via nuclear transcription regulators (e.g. nuclear matrix protein/NMP-1,-2) [21]. According to this hypothesis, not only intercellular forces can cause mechanotransduction [17, 22, 23], but endogenously generated mechanical tension is also converted into biochemical signals. Consequently, we think that  $\alpha$ -SMA<sup>+</sup> bundles serve as a "messenger" component of the mechano-transition system, and they may influence further  $\alpha$ -SMA expression by activating the MAP kinase p38 as an important regulator of the  $\alpha$ -SMA promoter.

The increased appearance of a fragmented migratory apparatus (i.e. dot-like  $\alpha$ -SMA pattern) in the majority of epithelial cells during tumor progression suggests EMT does not require high cell motility. Presumably, mechanical force by the adjacent epithelial cells is more important in the desertion of transited cells from the epithelium, and the later phase (i.e. stromal migration) requires independent cell motility. In five cases intraepithelial cells showed a strong cytoplasmatic  $\alpha$ -SMA expression, but these cells might have originated from MET.

The majority (approximately 83%) of intraepithelial  $\alpha$ -SMA<sup>+</sup> cells were also positive to Ki-67 in all histological stages. This is similar to the results of Ng et al. that showed 60–80% of  $\alpha$ -SMA<sup>+</sup> tubular epithelial cells in the proliferative phase (i.e. PCNA<sup>+</sup>) in nephrectomized rats [24]. During tumor formation, the joint appearance of proliferation,  $\alpha$ -SMA expression and E-cadherin repression may be explained by the increased inhibition of the GSK-3 $\beta$  protein via oncogenic pathways (i.e. PI3K/Akt, MAPK, Wnt), which causes nuclear accumulation of Snail and  $\beta$ -catenin [25]. The intranuclear localized Snail can suppress E-cadherin expression via recognizing E-box motifs in its promoter region [26]. Intranuclear  $\beta$ -catenin can influence proliferation and EMT as well [27].

Although, we observed a moderate repression of E-cadherin in adenomas compared to normal samples, it was not followed by an increased number of intraepithelial transited cells. This result may be in connection with the similar expression pattern of active transforming growth factor (TGF)- $\beta_1$  (as main regulator of MET) during ACS [28]. CRC samples showed increased disruption of cell junctions which can cause the contact–dependent overexpression of the main SMAinducing transcription factor: serum response factor (SRF) via the Rho/ROK pathway [29, 30].

In some CRC samples, E-cadherin repression was not obvious. This can be well explained by a different DNA microsatellite stability status. Pino et al. observed endogenous TGF- $\beta_1$  induced EMT in microsatellite stable (MSS) colon cancer cell lines (SW480 and HT29) but not in microsatellite unstable (MSI) cell lines (DLD1 and HCT116) in vitro [31].

In summary, cell phenotype transition may be the key events in the development of colorectal carcinoma via an altered cell composition of the cancer stem cell niche and they are also fundamental in metastasis formation. Although, several details of transition events have been revealed already, the complete evaluation of these complex processes will require further study.

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